

# Fleurieu Cycling Tour Proposal

## Background:

A small group of us recently did a 4 day, 3 night cycling trip around the Fleurieu Peninsula as a test run for a potentially larger group excursion, and would now like to see if there is sufficient interest within the cycling group to start planning for this.

The concept was to minimise the amount of equipment to be carried on the bikes by staying in Caravan Park or Bed and Breakfast type accommodation in towns with suitable evening meal facilities, and with the ability to source lunch and other required provisions. And to avoid major roads where possible.

## Proposed Itinerary:

Day 1. Train to Seaford then cycle to Normanville. (53km, +670m)

Day 2. Normanville - Victor Harbor - Goolwa. (68km, +460m)

Day 3. Goolwa - Milang - Strathalbyn. (50km, +271m)

Day 4. Strathalbyn - Mylor - Crafers. (49km, +1,000m). Then Freeway bike-path to Adelaide.

## Proposed Timing:

The week starting Monday 19<sup>th</sup> September, 2022. Hopefully the worst of winter should be over by then, and would avoid school holidays.

## Provisioning:

Pub evening meals at Normanville and Strathalbyn, pre-prepared frozen meal at the accommodation in Goolwa. All towns have reasonable supermarkets for breakfast and lunch provisions, although the initial group chose to purchase lunch at Victor Harbor on the second day and at Mylor on the fourth.

## Logistical Support:

Although the initial group managed without a support vehicle I am suggesting that a car and trailer should accompany a bigger party. Much of the potential accommodation is now requiring that guests bring their own linen and towels which would be awkward to carry on the bikes during the day. My thought is that each rider have a bag containing clothes, linen, etc that would be moved on to the next night's accommodation in the support trailer during the day. The support vehicle could also have the ability to transport any distressed bikes or riders.

## Accommodation Issues:

Procuring suitable accommodation will depend very much on the number of riders in the group, so detailed planning will be difficult until we have a good indication of this. For example, many of the Bed and Breakfast type houses which are ideal in many ways, require a minimum two night stay. I am thinking that if the numbers support this it may be an option to have two sub-groups (e-bikes vs conventional?) with the second group starting one day after the first that use the same house or other accommodation in a given town, but on consecutive nights?

## Progressing Planning:

Could people who would be interested in being part of a trip along these lines please let me know so that some more detailed planning can be commenced?

Roger Polkinghorne

0407720357

rogerpolkinghorne@gmail.com